

THE BACK PAGE



The Lopez Island Family Resource Center (LIFRC) newsletter. For more information, find us at lifrc.org or call 360.468.4117.

Pandemic, P-EBT for School Year 2020-21



Great news: Families don't have to apply for the P-EBT Program! If your child is eligible for free or reduced-price school meals, she or he may automatically qualify. Families should make sure a current mailing address is on file at their school & are encouraged to fill out a school meal application if their child doesn't get free or reduced-price meals already. Eligible families should expect to receive a notice by late March & P-EBT cards will be mailed separately. Please call the LIFRC at 360.468.4117 or P-EBT Contact Center at 833-518-0282.

Middle Schoolers! Learn FUN trades activities for Free online with 4-H and San Juan EDC!!

Do projects at home or in your neighborhood. Discuss activities with professionals in the trade online. Activities include: tile work, solar power, home fire planning, electronics, and more.

Next up: Masonry/tilework, May 4 – 25, Tuesdays at 4PM

Parents: For more information and registration, contact Wendy Waxman Kern, the 4-H Coordinator for San Juan County WSU Extension, wendy.waxman@wsu.edu or SJC EDC infor@sanjuansedc.org call 360.378.2906



THE POWER TO CHANGE Support Group

If you're suffering from the effects of domestic violence or sexual abuse, you're invited to take part in a women's group which will lead you towards the love and care you desire for yourself and others.

Sponsored by Safe San Juans
Lopez: 360-468-3788



This Group begins: May 11th, 2021

Time: 6:00 pm to 7:30pm **FREE**

It will empower you to:

- Live a Wholehearted life by loving yourself.
- Discover and embrace who YOU are!

email: theresa@safesj.org
Phone: 360-622-9289

