

# THE BACK PAGE

Date 1-26-2012



## News from the Family Resource Center

Phone: 360 468-4117

Email: lifrc@rockisland.com

Celia Marquis, Executive Director; Patty Bean, Financial Manager;  
Patsy Haber, Program Coordinator; Mikah Smith RTL and Mentor Coordinator,  
Rachel MacSparrow, Americorps Volunteer, Contessa Downey, Office Support;  
Stephanie Froning, Office Support



**Do you have an idea for a new business?  
Or an existing one you'd like to make more successful?**

**We have a few more spaces!**

**If you are interested call, 468-4117 ASAP to register.**

Join other Lopezians that have become great fans of instructor, James Dunn. He conducts a very lively, informative and interactive hands-on workshop. Over 2 days, there will be 4 individual classes —take one or go for full immersion and maximum benefit by taking them ALL! James is an experienced business owner & trainer from Seattle's Washington CASH and takes great pleasure working with entrepreneurs to help them build the lives they want to lead by following their passions and making money in the process. Each session is \$20 or do ALL for \$55.

Friday, Jan 27th: 9:00 to noon: Create a Business Development Plan  
1:00 to 4:00: Create a Financial Plan

Saturday, Jan 28th: 9:00 to noon: Create a Marketing Plan

1:00 to 4:00: Create a Business Operations Plan



### **The Readiness to Learn Corner...The January Parent Night was well attended!**

Alice Campbell, a Licensed Marriage and Family Therapist and Lopez Island resident, provided much food for thought in her discussion of discipline and boundary setting with regard to parenting. Among the topics discussed were the differences between shaming and discipline, how to model self-discipline for your child as a method of teaching, how to take concrete measures toward making safety a priority, seeing your child as an individual and responding to this appropriately, and teaching children to understand from an early age the difference between a feelings and behavior. The presentation was dynamic and interactive, and the snacks provided were delicious! The LIFRC would like to thank the Prevention Coalition for helping to fund Parent Nights, and Alice Campbell for sharing her great philosophies on parenting. Stay tuned for the next Parent Night in February! If you have questions, contact Mikah Smith at 468-2202, ext. 2109.



The LIFRC 2012 Lopez Summer Workshops brochure, which will detail the times and dates of all the classes we will be offering this summer, will be available in April. In the meantime, please save the following confirmed dates for this year's classes!

- **Sailing Instruction** (beginning, intermediate, and advanced classes) will take place from July 9 to August 10. No class will be held during the week of July 30.
- **British Challenger Soccer Camp** (sessions for ages 4-6 and 6-13) will take place from July 9 to July 13.
- **Lego Robotics** will take place from August 6 to August 10.
- **The Missoula Children's Theatre**, the nation's largest touring children's theatre, will be returning this summer to put on a production of "Cinderella"! Auditions and rehearsals will take place from July 30 to August 4.