

**Lopez Island High School
2009-2010
Athletics Accomplishments**

FOOTBALL

2009 Record (3 Wins 5 Losses)

**Pacific Coast League
All Opponent Football Selections 2009**

<u>1st Team</u>			
Leland Nopson	Sr	DE/DL	Lopez Island
<u>2nd Team</u>			
Leland Nopson	Sr	OL	Lopez Island
Colton Jardine	Sr	DB	Lopez Island
Tommy Kramer	So	LB	Lopez Island
<u>Honorable Mention</u>			
Tommy Kramer	So	RB	Lopez Island
Tucker Hoffman	Sr	RB/LB	Lopez Island

VOLLEYBALL

2009 Record (11 Wins 8 Losses)

Bi-District Tournament 2nd Place

State Tournament

2009 Volleyball Team “WIAA Outstanding Scholastic Award” Team GPA 3.586 GPA

**NW “B” League
All League Volleyball Selections 2009**

1st Team

Erin Wilbur	Jr.	Lopez Island
Hanifa McGovern	Jr.	Lopez Island

SOCCKER

2009 Record (3 Wins 11 Losses)

Bi Districts

2009 Boys Soccer Team “WIAA Academic State Champions 2009” Team GPA 3.655

<u>NW B League</u>			
<u>1st Team</u>			
Tahoma Wrubleski	Sr.	M	Lopez Island
<u>2nd Team</u>			
Charlie O’Neil	Sr.	F	Lopez Island
Emmett Lawrence	Jr.	D/M	Lopez Island
Sam Ferguson	Jr.	M/F	Lopez Island
Nate Drahn	So.	D/M	Lopez Island

GIRLS BASKETBALL

2009-2010 Record 7-11

2010 Girls Basketball Team “WIAA Distinguished Scholastic Award” Team GPA 3.38 GPA

NWB Girls Basketball All-League Team

2009-2010

Second Team:

20	Sarah Stanley	G	10	Lopez
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BOYS BASKETBALL

2009-2010 Record 17-8

NW B League 2nd place

Tri Districts 4th place

State Participant

2010 Boys Basketball Team “WIAA Distinguished Scholastic Award” Team GPA 3.17

NWB Boys Basketball All-League Team

2008-2009

First Team:

24	Alex Buffum	F	11	Lopez
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Second Team:

32	Mica Arps	F	12	Lopez
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2010 Boys Track

2010 Boys Northwest “B” League Champions

2010 Boys District Champions

2010 Boys Tri-District 3rd place

2010 Boys 5th place State

2010 Boys Team “WIAA Distinguished Scholastic Award” Team GPA 3.445 GPA

State Boys individual awards:

400 Meter Dash 4th place Emmett Lawrence

800 Meter Run 2nd place Tahoma Wrubleski

1600 Meter Run 4th place Solomon Bill

3200 Meter Run 1st place Solomon Bill

4X400 Meter Relay 1st place Emmett Lawrence, Tahoma Wrubleski, KJ Naylor, Ben Diacogiannis

High Jump 5th place Tahoma Wrubleski

Long Jump 3rd place KJ Naylor

Shot Put 6th place Leland Nopson

Bold in RED = State Champion

2010 Girls Track

2010 Girls 1st place NW “B” League

2010 Girls 2nd place District

2010 Girls 3rd place Tri-District

2010 Girls 3rd place State

2010 Girls Team “WIAA Outstanding Scholastic Award” Team GPA 3.638 GPA

State Girls individual awards:

200 Meter Dash 4th place Katie Ogston

400 Meter Dash 6th place Jamie Cummins

100 Meter Hurdles 3rd place Jamie Cummins

4X100 Meter Relay 3rd place Katie Ogston, Laura Strom, Eryn Dye, Erin Wilbur

4X200 Meter Relay 1st place Jamie Cummins, Katie Ogston, Laura Strom, Eryn Dye

4X400 Meter Relay 3rd place Erin Wilbur, Jamie Cummins, Lyra Dalton, Clara Ewert

High Jump 1st place Laura Strom

High Jump 2nd place Lyra Dalton

Long Jump 1st place Lyra Dalton

Triple Jump 2nd place Lyra Dalton

Shot Put 7th place Marina Steinbrueck

Bold in RED = State Champion

2010 Boys Golf

2010 Boys 1st place NW "B" League

2010 Boys 6th place Tri-District

2010 Boys Team "WIAA Distinguished Scholastic Award" Team GPA 3.350 GPA

Alex Cook qualified for state tournament and placed 34th.

2010 Girls Golf

2010 Girls 4th place Tri-District

2010 Girls Team "WIAA Outstanding Scholastic Award" Team GPA 3.551 GPA

Sydney Hoffman was an alternate at the state championships.